



EMPLOYEE MASSAGE DAY

Boost morale in your
office... On us!

COMMUNITY OUTREACH PROGRAM
INFORMATION PACK

FREE 10-Minute *Chair Massages for Employees*

What Other Companies Are Saying



“As first responders, we take care of others in the community and we appreciated having the team come out to help us remember to take care of ourselves, too! A 10-minute massage can definitely help with physical and mental wellness, and it just brightens your day!” - Tigard Police Department



“I’m so glad you reached out to us about doing this event. I appreciated how organized the event was and how easy it was to plan and participate in. It was the perfect way to show appreciation to our employees. Everyone loved the experience and we would certainly be happy to have you back again!” - Carissa N. with BBSI



“The service was professional, efficient, and incredibly relaxing. She was also very informative, offering helpful tips throughout. Our team felt refreshed and appreciated. Highly recommend!” - Amber O. with Opti Staffing

Save a Date Today
Events@Rhodes-Chiropractic.com
503-348-3579

**This opportunity is
brought to you by:**



**RHODES
CHIROPRACTIC**

12005 SW 70th Ave, Tigard, OR 97223

Frequently Asked Questions

What is an Employee Massage Day?

A staff massage day is exactly as it sounds! We created this event to connect with our community and help reduce employee stress at no cost to you. People rarely take the time to treat themselves to the benefits of massage, so this is a fun addition to the workday! As part of our community outreach program, if any employee needs our services in the future, they know where to find us through our gift certificate.

How much space do we need? Do we need to provide the chair?

We require only a 6ft x 9ft space, such as a conference room, lunch room, or extra office. We find that semi-private spaces are preferred. There is no disrobing or use of massage oils. Because the event runs independently, it will not interfere with the day to day productivity of your business. We bring the chair and all cleaning products.

How do I schedule?

Easy! Pick a date within the next 2-8 weeks and let me know by email or phone. I will confirm staffing and lock in the date with you. Then, I will send you a sign-up sheet where staff can pick the best time slot for them and a flyer that you can share with the team in order to promote the event!

How many employees can participate?

In a two hour event, there are 12 time slots available, with each massage lasting 10-minutes. A second or third day is encouraged if more staff members interested in participating. Still for free!



Sit back, relax, and enjoy!

Information Pack

ATTN: HR

EMPLOYEE MASSGE DAY PROGRAM

The Employee Massage Day is a community outreach program provided FREE to your company by our clinic. Please take a few moments to review this brochure. It will introduce you to the popular event and provide all the details to get started.

Massage has been used worldwide to remove muscle tension and interference from the body. Our outreach event brings this directly to your employees with no strings attached and fulfills our mission of helping people in our community live healthier lives. It also allows people to connect with and learn about us in case they need our services in the future.

Each year we select companies in our radius for a day of healing, wellness, and rejuvenation. We know from experience that companies enjoy this relaxing break in the work day and experience a more positive work environment. It is an excellent way to show appreciation for your employees and it's free.

We provide one or two therapists/Drs. for an on-site chair massage event that lasts two hours. Depending on the size of your company, you may qualify for this service over two or more days. **We do all the work and you get all the credit!**

Yours in health,



Kassidy Conley

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SCAN ME!

